CERTIFIED HEALTHCARE BILLING SERVICES

Mental Health Billing Cheat Sheet 2025

CPT Code	Service Type	Description & Time Frame	Billing & Documentation Tips
90791 / 90792	Psychiatric Dx Eval	90791 = no medical; 90792 = with med services	Document eval type and purpose clearly
90832	Individual Psychotherapy	16-37 minutes	Use for short sessions; justify time spent
90834	Individual Psychotherapy	38-52 minutes	Standard session; document all interventions
90837	Individual Psychotherapy	53+ minutes	Ensure full documentation to avoid denials
90833 / 36 / 38	Psychotherapy + E/M	Add-ons (30/45/60 mins)	Pair with E/M code; split time precisely
90785	Interactive Complexity	Add-on for complexity (trauma, etc.)	Use with primary code only; document reason
90846 / 90847	Family Therapy	Without / With patient present	Clarify presence and therapeutic focus
90853	Group Therapy	Group setting (2+ patients)	Note all attendees and therapeutic goals
90839 / 90840	Crisis Psychotherapy	First 60 + add'l 30 mins	Only use during acute crisis; justify in notes
96150 / 96151	H&B Assessment	Initial + Reassessment	Link to physical health diagnosis
96152-96155	H&B Interventions	Individual/Group/Family	Document behavioral focus tied to health
96110-96113	Developmental Testing	Screening + extended time	Detail scope of each test administered
96130-96137	Psych. Testing	Eval + Admin (timed)	Separate time by service type
99080	Forms/Reports	Special reporting	Only for non-routine forms; justify time
99401-99404	Preventive Counsel (Indiv)	15-60 mins	Time-based; document health education
99411-99412	Preventive Counsel (Group)	Group sessions	Include number of participants and content
99441-99443	Phone E/M	5-30 mins	Only for qualified providers; consent needed
Modifiers	-	95, GT, 25, 59, KX	Use appropriately per payer; document rationale